



Glengarry Skating Club

TEACHING PENTICTON & AREA TO SKATE SINCE 1953

www.glengarryfsc.com

250-486-0244

Teaching skating for 70+ years
Ages 3 & up
NCCP Certified Coaches
All classes at McLaren Park Arena
Ongoing, pro-rated registration

LEARN-TO-SKATE with CANSKATE (5-12 years old) – 40min class

Skate Canada's flagship Learn-to-Skate program - Focus on fun, participation & basic skill development - Group lesson format - Class led by NCCP Certified Professional Coaches - Skaters progress at their own rate - Coaches are assisted by trained Program Assistants

Fall 2025; September 22 – December 18

Mondays; 4:50 – 5:30pm; 12 classes; \$192 (no class Oct13)

Tuesdays; 5:05 – 5:45pm; 11 classes; \$176 (no class Sep30, Nov11)

Thursdays; 5:05 – 5:45pm; 12 classes; \$192 (no class Oct2)

Saturdays; 10:35 – 11:15am; 10 classes; \$160 (no class Oct4, Nov29)

Winter 2026; January 5 – March 12

Mondays; 4:50 – 5:30pm; 9 classes; \$144 (no class Feb16)

Tuesdays; 5:05 – 5:45pm; 10 classes; \$160

Thursdays; 5:05 – 5:45pm; 9 classes; \$144 (no class Mar5)

Saturdays; 10:35 – 11:15am; 7 classes; \$112 (no class Feb7, Mar7)

LEARN-TO-SKATE TOTS with PRECANSKATE (3&4 years old) – 30min class

***PLEASE NOTE – PRECANSKATE CLASSES BEGIN 2 WEEKS AFTER OUR REGULAR CANSKATE CLASSES**

Introduces young children to skating in a fun environment - Teaches the basics of balance, falling & getting up, forward & backward movement - Class led by NCCP Certified Professional Coaches - Coaches are assisted by trained Program Assistants

Fall 2025; October 6 – December 18

Mondays; 4:50 – 5:20pm; 10 classes; \$150 (no class Sep22, Sep29, Oct13)

Tuesdays; 5:05 – 5:35pm; 9 classes; \$135 (no class Sep23, Sep30, Oct7, Nov11)

Thursdays; 5:05 – 5:35pm; 10 classes; \$150 (no class Sep25, Oct2, Oct9)

Saturdays; 10:35 – 11:05am; 8 classes; \$120 (no class Sep27, Oct4, Oct11, Nov29)

Winter 2026; January 19 – March 12

Mondays; 4:50 – 5:20pm; 7 classes; \$105 (no class Jan5, Jan12, Feb16)

Tuesdays; 5:05 – 5:35pm; 8 classes; \$120 (no class Jan6, Jan13)

Thursdays; 5:05 – 5:35pm; 7 classes; \$105 (no class Jan8, Jan15, Mar5)

Saturdays; 10:35 – 11:05am; 5 classes; \$75 (no class Jan10, Jan17, Feb7, Mar7)

TEEN & ADULT SKATING (13+ years old) – 45min class

This class consists of a coach led warmup and instruction time, followed by freeskate time. Our coaches are floating & available during the freeskate time and are happy to help you progress at your own pace towards whatever goals you have in mind.

This session is designed with two types of skaters in mind;

(A) Adults who would like some learn-to-skate instruction.

(B) Previous figure skaters who would like to get back on the ice for fun or exercise. If public skates and the limitations of them aren't for you, come out and join us. Skate backwards, do some spins & spirals, or (if you have the courage) try that 1 Axel again.

Fall 2025; September 22 – December 18

Tuesdays; 7:45 – 8:30pm; 11 classes; \$198 (no class Sep30, Nov11)

Saturdays; 9:30 – 10:15am; 10 classes; \$180 (no class Oct4, Nov29)

Winter 2026; January 5 – March 12

Tuesdays; 7:45pm – 8:30pm; 10 classes; \$180

Saturdays; 9:30 – 10:15am; 7 classes; \$126 (no class Feb7, Mar7)

TEEN & ADULT POWERSKATE (13+ years old) – 45min class

Please note: SKATERS MUST ALREADY BE ABLE TO STRIDE FORWARD, SKATE BACKWARD, & STOP ON THEIR OWN – FULL GEAR REQUIRED

For skaters who are looking for extra ice time and coaching - Focus on balance, power, agility, speed, endurance - Classes are broken down into three time slots; (1) Warm-up, (2) Skills & Drills, (3) Cool-down - Geared to hockey & ringette players - Skills, techniques & conditioning taught in a progressive format - NCCP Certified Professional Coaches

Fall 2025; September 22 – December 18

Thursdays; 7:45 – 8:30pm; 12 classes; \$240 (no class Oct2)

Winter 2026; January 5 – March 12

Thursdays; 7:45 – 8:30pm; 9 classes; \$180 (no class Mar5)

PLEASE NOTE – ALL SKATERS ARE REQUIRED TO PAY AN ANNUAL \$65.00 FEE FOR SKATE CANADA MEMBERSHIP & INSURANCE (SEP 2025-AUG 2026). THIS FEE WILL BE ADDED THE FIRST TIME A SKATER REGISTERS TO ONE OF OUR PROGRAMS.

**Registration for all classes
opens Tue, Aug 5, 2025
Fall25 – Classes start Sep 22nd
Winter26 – Classes start Jan 5th**

To register:

- Go to www.glengarryfsc.com
- Set up your family account, and list your skater(s) as a 'Participant'
- Register for your chosen class(es)
- Go to your shopping cart and select your payment method